Equith Step Inventory

Steps

Les Grudges (resentments*)	Were you or they spiritually sick?	Can I live with this for the next 24 hours?	Was Fear Involved?	God. Can he/she solve this? (If No, realign with God until you can say yes)
	☐ Yes☐ No	☐ Yes	☐ Yes☐ No	☐ Yes☐ No
	☐ Yes☐ No	☐ Yes☐ No	☐ Yes☐ No	☐ Yes☐ No
	☐ Yes	☐ Yes☐ No	☐ Yes☐ No	☐ Yes☐ No
	☐ Yes	☐ Yes☐ No	☐ Yes☐ No	☐ Yes☐ No
	☐ Yes☐ No	☐ Yes☐ No	☐ Yes☐ No	☐ Yes☐ No
	☐ Yes☐ No	☐ Yes☐ No	☐ Yes	☐ Yes☐ No